

# GHOSTS WITHIN

## JOURNEYING THROUGH PTSD

*An evening of readings, music and conversation  
with author and journalist Garry Leech*

7pm, June 25  
Octopus Books  
116 Third Ave, Ottawa



What are the long-term psychological costs of violence and war?

Garry Leech reflects on his experiences as a war correspondent, his ongoing personal struggle with PTSD and the latest research on this mental illness to provide a powerful and vivid answer to this question. For thirteen years, Garry worked in Colombia's rural conflict zones where he experienced combat, witnessed massacre sites and was held captive by armed groups. He seeks to remove some of the stigmas, fears and ignorance related to PTSD by shedding light on this largely invisible illness that mostly manifests itself behind the closed doors of our homes.

*"A gripping tale of savagery and terror, but also of tenderness, compassion, and renewal." — Noam Chomsky*

Sponsored by Fernwood Publishing  
and Octopus Books