

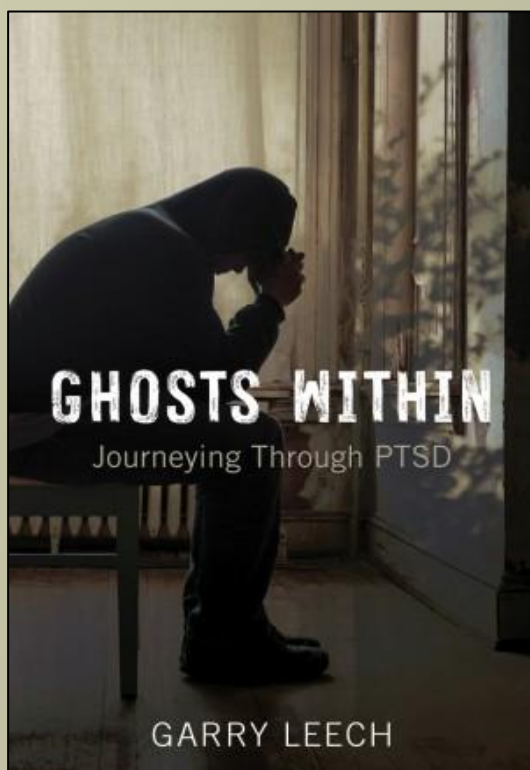
GHOSTS WITHIN

JOURNEYING THROUGH PTSD

*An evening of readings, music and conversation
with author and journalist Garry Leech*

7pm, May 29

Halifax North Memorial Public Library
2285 Gottingen Street, Halifax



What are the long-term psychological costs of violence and war?

Garry Leech reflects on his experiences as a war correspondent, his ongoing personal struggle with PTSD and the latest research on this mental illness to provide a powerful and vivid answer to this question. For thirteen years, Garry worked in Colombia's rural conflict zones where he experienced combat, witnessed massacre sites and was held captive by armed groups. He seeks to remove some of the stigmas, fears and ignorance related to PTSD by shedding light on this largely invisible illness that mostly manifests itself behind the closed doors of our homes.

"A gripping tale of savagery and terror, but also of tenderness, compassion, and renewal." — Noam Chomsky

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